Open Enrollment Tawh Kisai Lamlahna: Gia-nak Natna Ciamtehna

Gia-nak Natna Ciamtehna ah lut in

Aamahkhan in a huamkhak damlohna lauhuai khatpeuh na neih leh, Gia-nak Natna Ciamtehna pan hamphatna a lomin hong pia ding hi. Khensatna na neih ma-in, plan tawh kisai thute a nuai ah enpha in.

Open Enrollment sung lutna

1. **Workday** ah lut in
2. Na Workday inbox ahihkeileh home page pan **Open Enrollment** task hong in
3. **Bulpan In** mek in

Nasemte Damlohna Aamahkhan lut in

1. **Gia-nak Natna Ciamtehna Employee** ah pai in
2. **Min Piak In** ahihkeileh **Uk In** mek in
3. Unum plan teel inla coverage lakna dingin **teel in** mek in Coverage na laak nop nawn kei leh, **Ciamtehna Pelh In** teel inla, tua khit ciangin **Man Ta** mek in.
4. **Kip Sak In leh Zom In** mek in
5. **Kem In** mek in

Zi/Pasal Gia-nak Natna Ciamtehna Lut In Ahihkeileh Lai Kheng In - Phawk dingin ah, na zi/pasal in coverage na laak zah ii 50% bek la thei ding hi.

Zi/pasal coverage lut ahihkeileh na sit leh:

1. **Zi/Pasal Gia-nak Natna Ciamtehna** ah pai in
2. **Min Piak In** ahihkeileh **Uk In** mek in
3. Unum plan teel inla coverage lakna dingin **teel in** mek in Coverage na laak nop nawn kei leh, **Ciamtehna Pelh In** teel inla, tua khit ciangin **Man Ta** mek in.
4. **Kip Sak In leh Zom In teel in**
5. Zi/pasal teel inla **Save** mek in, ahihkeileh
6. A kihel ding pen sazian sungah a om kei leh, **A Khente Thah Beh-lap In** cih pen mek inla, tua khit ciangin **Next** cih pen mek in
7. Na zi/pasal ii thute gelh inla a Social Security Nambat maantakin kigelh hi cih kipsak in
8. **Kem In** mek in

Tapa/Tanu Gia-nak Natna Ciamtehna Lut ahihkeileh sitkik - Phawk ding ah, na tate in na coverage laak zah ii 50% bek la thei ding uh a, na ta ii aamahkhan sumbei OM LO ding hi.

Naupang coverage lut ahihkeileh na sit ding leh:

1. **Tapa/Tanu Gia-nak Natna Ciamtehna** ah pai in
2. **Min Piak In** ahihkeileh **Uk In** mek in
3. Unum plan teel inla coverage lakna dingin **teel in** mek in Coverage na laak nop nawn kei leh, **Ciamtehna Pelh In** teel inla, tua khit ciangin **Man Ta** mek in.
4. **Kip Sak In leh Zom In** mek in
5. Na Ta(te) zah teel inla **Save** mek in, ahihkeileh
6. Na ta a kihel kei leh, **A Khente Thah Beh-lap In** mek inla, tua khit ciangin **Next** teel in.
7. Na ta(te) ii thute gelh inla a Social Security Nambat maantakin kigelh hi cih kipsak in
8. **Kem In** mek in

Et-phak in leh Suai Kai in

1. Hamphatna teel teng khempeuh limtak sitkik in
2. A thute maan hi cih kipsak in
3. Open Enrollment mansak nadingin I **San-na** leh **Ap In** mek in
4. **Submit** na mek kei leh, Disem Kha 31, 2026 ni a bei ding ahi, HSA sumpiakte losiah, nangma ii 2026 hamphatna plan teelte pen 2027 ah kizom suak ding hi.

Gia-nak Natna Ciamtehna Geelna Thute A Kicingin

Aamahkhan in a huamkhak damlohna khatpeuh a om leh, plan thukhun ciangtante tawh kizui-in Gia-nak Natna Ciamtehna pan panpihna a lomin kipia ding hi. Coverage teeltheih dingte pen $10,000 pan $30,000 ciang kingah thei a, Cancer, Lungtang Natna, Pumzaw, Kal Hoihlo, leh a huamkhak natna dang tampi, cih bang damlohnate tawh kisai hamphatnate kihel hi.

Tua banah, a huamkhak innkuan tungah a kinga naupangte in, Lukhuk Lungno Mang, Kamkha Kak, Bawnglak Phuk, Tuikai Lusu, leh Lungkuang Awng a kipan, naupang damlohnate tawh kizom hamphatnate ngah thei ding uh hi.

Kumsim Lungsim Pumpi Cidamna Lamsang Panpihna: $50

- **Gia-nak Natna - Nasemte**

Nangmah ading Gia-nak Natna coverage na laak leh, suakcil pan kum 26 a pha, a ngah thei innkuan tungah a kinga lai naupangte in sum bei thuah om lo-in aamahkhan ngah thei ding uh hi. A huamkhak naupang khatciat in na coverage laak zah ii 50% tawh kikim coverage ngah ding uh hi.

A ngah thei naupangte lutsak nadingin, Gia-nak Natna - Child minpiakna gelh in, na huamsak nop innkuan tunga kinga lai naupangte teel hamtang kul hi.

A ngah thei naupangte sungah cilesa pan a piang tate, meltheih, leh a kikem tate kihel hi:

- Thukhun tawh kituakin tua nasem nu/pa ii kep tate
- Nasem nu/pa kiang pan a tawm pen sumlepai panpihna ii 50% a ngah tate
- Zi/pasal a nei lo tate

- **Gia-nak Natna - Zi/Pasal**

Na zi/pasal adingin Critical Illness coverage na la thei hi. Zi/pasal coverage pen nang adingin na laak coverage zah ii 50% kiciangtan hi.

- **Gia-nak Natna - Naupang**

Nangmah ading Critical Illness coverage na laak a, Gia-nak Natna - Naupang panpihna ah na lutsak leh, suakcil pan kum 26 a pha, a ngah thei innkuan tungah a kinga lai naupangte in sum bei thuah om lo-in aamahkhan ngah thei ding uh hi.

Aamahkhan ngah thei naupang khatciat in na coverage laak zah ii 50% hamphatna ngah ding uh a, nasemte aamahkhan sungah a huamkhak damlohna lauhuaite tawh a kibangin ngah ding uh hi. Adang naupang damlohnate zong kihel kha ding hi, tuate pen:

- Lukhuk Lungno Mang
- Kamkha Kak
- Bawnglak Phuk
- Tuikai Lusu
- Lungkuang Awng

Tua natna muhkhiat pen naupang ii coverage a kizat khit zawh ciangin a suak ahih leh bek coverage kingah ding a, a omsa natna tawh kisai ciangtante tawh zong kisai thei ding hi.

A ngah thei naupangte sungah cilesa pan a piang tate, meltheih, leh a kikem tate kihel hi:

- Thukhun tawh kituakin tua nasem nu/pa ii kep tate
- Nasem nu/pa kiang pan a tawm pen sumlepai panpihna ii 50% a ngah tate
- Zi/pasal a nei lo tate

Coverage a kingah hamtang theih nadingin, Gia-nak Natna - Naupang minpiakna gelh in, na kihelsak nop innkuan tunga kinga lai naupangte teel hamtang kul hi.

Gia-nak Natna Ciamtehna tawh kisai dotnop om ahihkeileh na hamphatnate tel theihna dingin panpihna na kisap leh, 1-800-635-5597 tawh Unum Customer Service hopih in.

Open Enrollment Tawh Kisai Lamlahna: Minpiak Dan Ding ahihkeileh Voluntary Life Insurance (Mobile App) Puahphat Dan Ding

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Open Enrollment sung lutna

1. **Workday** ah lut in
2. **Open Enrollment** nasep pen teel in ahihkeileh Open Enrollment talsuan mek in
3. **Bulpan In** mek in

Nasepmi A Deih-thu Nuntakna Ciamtehna Lut ahihkeileh Sitkik

1. **Deih-thu Nasepmi Nuntakna Ciamtehna** mun ah pai in
2. **Min Piak In** ahihkeileh **Uk In** mek in
3. Unum plan teel inla coverage lakna dingin **teel in** mek in Coverage na laak nop nawn kei leh, **Ciamtehna Pelh In** teel inla, tua khit ciangin **Man Ta** mek in.
4. A nuai-a **Kip Sak In leh Zom In** mek in
5. Na **Coverage** ngah nop zah teel in
6. **Hamphatna ngah ding pen ii min sazian Sitkik** ahihkeileh **Behlap** in
7. **Kem In** mek in

A thupi mahmah: Open Enrollment hun sungin a kiteel Deih-thu Nuntakna Ciamtehna khempeuh Cidamna Kisitna Lai (EOI) kisam hi. Na zi/pasal ading Deih-thu Nuntakna Ciamtehna hamphatna teel nuam ahihkeileh na laih nop leh, a kisam EOI na gelh hamtang kul hi. Tua EOI process kigelh in, Unum pan a thukimpih masiah hamphatna kingah thei lo hi. Tua process a man theih nadingin Workday nasep hong kiseh ding hi.

Spouse Voluntary Spouse Life Insurance Lut Ding ahihkeileh Sit Ding

1. **Voluntary Spouse Life Insurance** Mun teel in
2. **Min Piak In** ahihkeileh **Uk In** mek in
3. **Unum plan** teel inla coverage lakna dingin **teel in** mek in Coverage na laak nop nawn kei leh, **Ciamtehna Pelh In** teel inla, tua khit ciangin **Man Ta** mek in.
4. A nuai-a **Kip Sak In leh Zom In** mek in
5. Na **Coverage Amount** laak nop zah teel inla na zi/pasal teelin **teel in** mek in AHIHKEILEH
6. A kihel ding pen sazian sungah a om kei leh, **A Khente Thah Beh-lap In** cih pen mek inla, tua khit ciangin **Next** cih pen mek in
7. Na zi/pasal ii thute gelh inla a Social Security Nambat maantakin gelh hi cih kipsak in
8. **Kem In** mek in

A thupi mahmah: Open Enrollment hun sungin a kiteel Deih-thu Nuntakna Ciamtehna khempeuh Cidamna Kisitna Lai (EOI) kisam hi. Na zi/pasal ading Deih-thu Nuntakna Ciamtehna hamphatna teel nuam ahihkeileh na laih nop leh, a kisam EOI na gelh hamtang kul hi. Tua EOI process kigelh in, Unum pan a thukimpih masiah hamphatna kingah thei lo hi. Tua process a man theih nadingin Workday nasep hong kiseh ding hi.

Child Deih-thu Nuntakna Ciamtehna lut ahihkeileh sitkik

1. **Deih-thu Zi/Pasal Nuntakna Ciamtehna** teel in
2. **Min Piak In** ahihkeileh **Uk In** mek in
3. **Unum plan** teel inla coverage lakna dingin **teel in** mek in Coverage na laak nop nawn kei leh, **Ciamtehna Pelh In** teel inla, tua khit ciangin **Man Ta** mek in.
4. A nuai-a **Kip Sak In leh Zom In** mek in
5. Na **Coverage Amount** laak nop zah teel, na zi/pasal teel inla, **teel in** mek. AHIHKEILEH
6. Na ta(te) a kihel kei leh, **A Khente Thah Beh-lap In** mek inla, tua khit ciangin **Next** teel in.
7. Na ta(te) ii thute gelh inla a Social Security Nambat maantakin gelh hi cih kipsak in
8. **Kem In** mek in

Et-phak in leh Suai Kai in

1. Hamphatna teel teng khempeuh limtak sitkik in
2. A thute maan hi cih kipsak in
3. Open Enrollment a man nadingin I **Accept** leh **Submit** mek in
4. **Submit** na mek kei leh, Disem Kha 31, 2026 ni a bei ding ahi, HSA sumpiakte losiah, nangma ii 2026 hamphatna plan teelte pen 2027 ah kizom suak ding hi.

Cidamna Kisitna Lai (EOI) Etkikna

- Open Enrollment hun sungin Voluntary Insurance teelnate khempeuh pen Unum pan Cidamna Kisitna Lai (EOI) etkikna leh thukimpihna tungah kinga hi.
- EOI kisam, EOI man nadingin Workday task hong kisawl ding hi.
- EOI siauhna pen Unum pan gelhin puak pah hamtang ding kisam hi
- EOI siauhna kigelh nai lo ahihkeileh Unum pan hong kisan kei leh, na coverage nget pen hong kipia lo ding hi.

Ciapteh ding: Pasal Nuntakna Ciamtehna Dalna leh Deih-thu Tapa tawh kisai-in, nang pen hamphatna ngah dingin hong kiseh khinsa na hihi. Na Open Enrollment teelnate na puak khit limin, na teelnate kipuak khin hi, cih kipsakna lai hong dawk ding hi.